



The Blistered Foot

Maine USATF
PO Box 214
Canaan, Maine 04924-0214

www.meusاتف.org

President's Letter:

Dear Athletes, Parents, Coaches, Volunteers, Officials and Club Directors,

I would like to wish all of our members of 2006 a happy and a prosperous New Year for 2007.

New USATF Logo: At the 2006 National Convention, USATF unveiled their new logo as seen above. USATF went from the inverted triangle to the new look - the winged / shield.

USATF Association Gold Award: August 2006, our association received the 2005 Gold Award in Recognition of Outstanding Associations from USATF (there are 57 associations within USATF organization). This is the third time the Maine Association has been awarded such prestigious award for meeting the stringent criteria set forth by USATF.

Mandatory Coaches and Volunteers Background

Screening: Beginning in Jan. 2007, the Maine Association of USA Track & Field is implementing the mandatory background screening program for all coaches and volunteers who come in direct contact with youth athletes during registered club practices or other club-related track and field activities. This initiative is following the lead of other youth-based organizations, such as Little League Baseball, Pop Warner Football and American Youth Soccer Organization in ensuring that the track and field community provides our youth with the safest environment possible in which to thrive as athletes.

Background screening is intended to preserve the safety and security of our youth members and, at the same time, be a hostile environment for individuals who pose a threat to the safety of children involved in track and field activities. Additionally, having all of your coaches and volunteers properly screened may protect you and your club from possible criminal or civil liability, and/or loss of personal assets or depletion of club assets resulting from costly litigation.

The intent of the background screening is not to arbitrarily exclude volunteers who may have a criminal conviction in their past; rather, it is to identify individuals who may pose a risk to children and limit the potential for future harm.

Once youth club coaches and volunteers who have successfully completed the USATF application process (including the background screening) will have their names posted on the USATF web site as being in "good standing." Only these individuals will receive the protection of USATF'S

practice insurance liability program. All forms / information will be included within the clubs registration packet which will be mailed out the end of February 2007. For those clubs that wish to receive the information earlier, please contact the office at 474-8876 or e-mail at: metrkfld@usadatanet.net, and all the forms will be sent via e-mail.

2007 MEUSATF Indoor Championship Meet:

MEUSATF will be hosting an Indoor T&F / RW Championship Meet at the University of Maine - Orono Campus – Memorial Gymnasium on Feb. 25. There are events for the youth athletes / Open and Master athletes. Meet Entry form / information is also posted on our web site at: www.meusاتف.org

2007 Maine USATF Committee Chairs and Appointments:

President: Valaree Foss - metrkfld@usadatanet.net
attachments to: valaree@gmail.com

Vice President: Martin Kahler - MKahler576@aol.com

Secretary: Paul Morency - meusاتف@verizon.net

Treasurer: Dennis Kunces

Men's Track & Field: Rolland Ranson -

Rolland.ranson@umit.maine.edu

Women's Track & Field: Stefanie Worster -

victtrin@adelphia.net

Race Walking: Thomas Eastler - eastler@maine.edu

Women/Master LDR: Jerry LeVasseur - jeradl@verizon.net

Men's LDR: Martin Kahler - MKahler576@aol.com

Cross Country: Taylor Harmon - iversrun@gmail.com

Masters Track & Field: Martha Thornton -

marty.thornton@gmail.com

Youth Athletics: Ronald Kelly - rkelly01@maine.rr.com

Officials: Donald Berry - chemman@fairpoint.net

Membership & Club Registrations: metrkfld@usadatanet.net

or meusاتف@verizon.net

General Information and Inquires: metrkfld@usadatanet.net

2007 USATF National Masters Championship Meet:

August 2nd-5th 2007, the Maine USATF Association in conjunction with the University of Maine – Orono Campus, will once again be hosting the 2007 USATF National Masters Championship Meet. This Championship Meet is for Sub Master and Master Athletes. Many athletes have traveled from Europe and Australia to participate at this meet. Further meet details will be posted on the Maine USATF website (www.meusاتف.org) as well as a link posted on www.usاتف.org site of the 2007 championship meet. See Roland Ranson's article.

Web Site: Maine USATF does have a web site. Web site address is: www.meusاتف.org On the web site, you'll find a listing of sanctioned meets for all ages. Official's news, Maine USATF executive board minutes / agenda's, Renewing USATF Membership, Forming a USATF Registered Club, Archived information, and much more. If you have suggestions / comments regarding improvement of the web site please contact the Webmaster by clicking on at the bottom of the web site page or and send your suggestions to metrkfld@usadatanet.net If you have news pertaining to

any Maine USATF athlete of all age groups interesting for posting on our web site, please forward the information to: metrkfld@usadatanet.net

Last Printed / Bulk Mailing Edition of the Blistered Foot Newsletter: During a recent board meeting, it was voted upon that this will be the last printed / mailed edition of the newsletter. Future issues / important information will be placed on our active website.

USATF Youth & Adult 2007 Membership Rate: Effective November 1, 2006, MEUSATF had a membership fee increase due to USATF establishing new membership fees. MEUSATF 2007 fees are as follows: **Youth** (up to age 18) / calendar year will be **\$14.00** and **Adults** (19 and above) cost will be **\$25.00** / calendar year.

New & Renewing USATF Memberships to receive the MEUSATF discount cost, athletes of all ages will have to submit the USATF Membership application to the association's office. If individuals go online and registers directly with USATF cost is as follows: Youth - \$19.95 and Adults - \$29.95. **Please note that there are NO REFUNDS to individuals once current year membership data has been entered by either this association or direct online with USATF.**

As an Association we do not want to pass such a large increase onto our members, but also need to look at running the association in a prudent manner and believe this is possible with the fees we have set forth.

*Valaree Foss,
MEUSATF President*

USATF Prestigious Awards Recipients

At the 2006 USATF National Convention, two of Maine's own received awards: Valaree Foss and Kevin Eastler. Valaree Foss of Canaan **received The 2006 Horace Crowe Jr. Associations Award** and she is our 2006-2007 President. *The Horace Crowe Jr. Associations Award* started in 1991 by USATF in memory of Horace Crowe Jr. Mr. Crowe Jr. was very active within his own association for many years, promoted the sports and was also a certified official. This award is presented to an individual who has contributed the most to their own association during the preceding year and who's done the most to promote the sports of Track & Field / LDR / Race Walk and or association developmental programs. Out of the 57 USATF associations only one individual per association maybe nominated and only one recipient is selected.

From the USATF Race Walk Committee; the **Captain Ron Zinn Race Walking Award** was presented to Kevin Eastler formally of Farmington. Congratulations Kevin.

USA National Masters Track & Field Champs:

August 2 - 5, 2007 The University of Maine Hosts the USA National Masters Track & Field Championships - for the third time "

How about entering the USA National Masters Track & Field Championships, to be held in Orono, Maine, Aug. 2 - 5, 2007. Athletes and their families come from every State, including

Hawaii, Alaska, and ten countries. The championships are set up in 5 year separate championships, with medals, ribbons and records and individual champions for each 5 year age group.

All you need is to get in shape, enter and pay the entry fee, and travel to U Maine for an absolutely wonderful four days of competition and 'Downeast Maine Hospitality'. You compete with your age group only, and meet new friends from all over the Nation and world. Help Maine celebrate the third time we host this phenomenal event.

It is a huge economic boost to the State. These competitors bring family and stay 4 - 8 days. They have disposable income and spend. They travel here to compete and then vacation. Each competitor brings on average 1 - 2 family members. In 2002 1062 athletes competed. According to demographic statistics and the Tourist Bureau statistics between 2 - 2.5 million dollars was spent in the State.

It is an important economic and athletic event, come join the great Championship competition.

Look for entries on www.usatf.org scroll to Masters Championships and the Maine Black Bear will pop up. Also email Track and Field Coach at University of Maine for information

rolland.ranson@umit.maine.edu

Or send a letter to Rolland Ranson, University of Maine, Masters Track&Field, Memorial Gymnasium, Orono, ME. 04469

Rolland Ranson

University of Maine

Track & Field Coach

207 - 581 - 1077 [office phone]

207 - 581 - 3070 [fax]

rolland.ranson@umit.maine.edu

Maine USATF LDR Report:

In 2006 Maine USATF ran a Grand Prix which included five established road races ranging from 1 mile to 8K.

There were end of year awards for clubs and individuals in several age categories. The requirement was to be a Maine resident and USATF member. Participation was reasonable for the 1st year.

In 2007 there will be six races starting with the midwinter 10 mile classic on 2/4 followed by the Portland Sea Dogs Mother's Day 5K on 5/13, the New England mile on 6/17, the Clam Festival 5 mile on 7/21, the Craig Cup XC 5K on 10/13 and the Great Pumpkin 10K on 10/28. End of year awards will be given based on points earned in the races to clubs and individuals in 10 age groups starting at 39 and under and 40-49 up to 70 and over. A participant must be a Maine resident and USATF member by the NE mile.

We hope to see an increase in participation from clubs and individuals.

Jerry LeVasseur

Womens' and Masters LDR Chairman

Open/Masters Cross-country Championships: – Cumberland, Maine – (Craig Cup 5 K) October 13

Mens' Results

Open Division: 1. Chris Gatchell 20 17:59; 2. Blaine Moore 26 18:30; 3. Nate Hathaway 14 19:07. **30-34:** 1. Ethan Hemphill 34 16:33; 2. Stephen Wells 32 19:20. **35-39:** 1.

TJ Hesler 37 18:18. **40-44:** 1. Mike Payson 43 16:39; 2. Pete Bottomley 44 17:47. **45-49:** 1. Peter Hall 45 18:41, 2. Tom Hathaway 47 19:17; 3. Floyd Lavery 49 20:03 **50-54:** 1. Dick Graves 51 19:58; 2. Mike Boyson 52 22:20; 3. Peter Rearick 54 22:36. **55-59:** 1. Steve Moriarty 56 21:53. **60-64:** 1. Larry Ingerham 61 20:37; 2. Chase Pray 62 23:42; 3. Mike Beaudion 64 34:36. **65-69:** 1. Bob Payne 68 24:55; 2. Jerry LeVasseur 68 26:21.

Womens' Results

35-39: 1. Sheri Piers 35 19:41; 2. Stephanie Atkinson 35 22:44. **40-44:** 1. Susan Weiner 40 22:35. **45-49:** 1. Margot Sheehan 48 25:30.

Youth Athletics

A new year is upon us and the summer season is only five months away. The Youth 14 and under schedule will be out by April. Hopes are that all four groups will increase this year with more clubs participating. Portland will be joining the Group "A" after many years away from the program. They were one of the early clubs and had close to 100 kids during the 70's. The weekly meets will be held on Thursday June 28, July 5, 12, 19, and 27 across the state. The Qualifying meets will be held on Wednesday August 1st because of the National Masters Championship being held at the University of Maine beginning on Thursday. Many of our Maine officials will be there working the meet. The State Championship will be held on Saturday, August 11.

The Junior Olympic Track and Field program, which qualifies our athletes for Regional and National competition, will begin with our state qualifying meet for ages 18 and under. It will be held June 16-17 at Scarborough High School. The top three in all events will qualify for the Regional Championship. The Region 1 Championship will be held June 29, 30, July 1 at Mitchell Field in the Long Island Association. The top three will then qualify for the National Championship. The National Junior Olympic meet will be held at Mt. San Antonio College in Walnut, California from July 24-29, 2007.

For more information contact Ron Kelly:
rkelly01@maine.rr.com

Ron Kelly, Youth Athletics Chairman

Maine USATF Cross-Country Championship- UMA - 11/12/2006 - Results

3k-Bantam Girls: 1 Staples, A Una 13:52; 2 Byrne, M Una 15:25; 3 White, A Lewiston Rec 15:52; 4 Chavarie, R Una 16:37; 5 Emery, S Una 19:25.

3k-Midget Girls: 1 Mace, A Lakers TC 11:31; 2 Leonardi, A Lakers TC 11:33; 3 Durgin, E Lakers TC 12:22; 4 Mahoney, J Lakers TC 12:29; 5 Leonardi, A Lakers TC 12:51; 6 McMahan, K Unattached 13:00; 7 Chavarie, S Unattached 13:04; 8 Smith-CAN, K Unattached 13:21; 9 Cox, S Unattached 13:55; 10 Kepron, N Unattached 14:02; 11 Huber, E Una 14:15; 12 Bolduc, E Lakers TC 14:18; 13 Carmack, A Una 15:18; 14 Court-Menendez, N Auburn Running 15:32; 15 Egan, E Una 15:55; 16 Lapointe, K Una 16:18; 17 Aldrich, C Una 16:25.

4k-Youth Girls: (exh) Myattt, S Canada 16:58; (exh) Hawkes, M Canada 17:20; 1 Mahoney, G Lakers TC 17:46; 2 Burr, T Lakers TC 18:09; (exh) Phillips, A Canada 18:34; 3 Malitsky, L Lakers TC 18:45; 4 Cushing, C Lakers TC 18:48; 5 Cushing, M Lakers TC 19:22; 6 Green, M Lakers TC 19:44; 7 Sheehan, Blistered Foot – Winter 2007

M Unattached 20:15; (exh) White, L Canada 20:19; 8 Carmack, M Una 20:29; 9 Kahl, K Lakers TC 20:37; 10 Nims, S Una 21:42.

5k-Intermediate Girls: 1 Wiley, H Lakers TC 21:01; 2 Saunders, H Lakers TC 21:19; 3 Clifford, K Lakers TC 22:42; 4 Gagnon, J Lakers TC 27:16.

5k-Young Women: 1 Ackerman, A Lakers TC 22:43; 2 McInnis, M Lakers TC 22:52; 3 Stephens, K Una 22:58; 4 Irwin, R Lakers TC 24:07.

3k-Bantam Boys: 1 Dumas, N Augusta Rec 13:55.

3k-Midget Boys: 1 Ornstein, D Scarborough 12:02; 2 Moulin, W Scarborough 12:48; 3 Emery, I Unattached 12:54; (exh) McGinn, T (Canada) 13:32; 4 Staples, D Una 14:26; 5 Dang, L Augusta Rec 15:55; 6 Caron, B Una 17:05.

4k-Youth Boys: 1 Fontaine, L Lakers TC 14:16; 2 Hathaway, N Lakers TC 14:50; 3 Jones, C Lakers TC 15:03; 4 Piccirillo, E Lakers TC 15:08; 5 Jones, J Lakers TC 15:15, (exh) Evans, C (Canada) 15:19; (exh) Forbes, I (Canada) 15:20; 6 Morrison, B Lakers TC 15:28; 7 Burns, J Lakers TC 15:39; 8 Nickerson, B Lakers TC 15:42; 9 Desmond, K Lakers TC 16:15; (exh) Gaudes, A (Canada) 16:27; (exh) Wilson, B (Canada) 17:06; 10 Freme, T Una 17:10; 11 Goldstein, M Lakers TC 17:25; 12 Kapner, S Lakers B 17:31; 13 McInnis, P Una 17:33; 14 Lundquist, W Lakers B 17:35; 15 Cain, C Una 17:44; 16 Boulay, G Una 17:51.

5k-Intermediate Boys: 1 Soltan, D Lakers TC 17:46; (exh) Mavrovic, A (Canada) 18:00; 3 Pearsall, G Lakers B 18:12; 3 Knox, J Lakers TC 18:45; 4 Mahoney, J Lakers TC 19:20; 5 Tinkham, M Una 19:34; 6 Bulger, M Una 19:54; 7 Whitaker, B Una 19:58; 8 Cottrell, A Lakers TC 20:24; 9 Bridges, C Lakers B 20:33; 10 Burnott, N Lakers TC 20:43; 11 Fissette, A Una 20:57; 12 Gaudian, H Lakers B 20:59; 13 Almy, A Lakers B 21:08; 14 Belanger, M Una 21:15; 15 Flagg, M Lakers B 21:24; 16 Babikiar, S Una 21:29; 17 Macone, M Una 21:45; 18 Kahl, E Una 21:58; 19 Brooks, R Una 22:36; 20 Moody, M Una 22:44; 21 Dang, D Augusta Rec 24:37.

5k-Young Men: 1 Sheehan, S Spudland Race 17:21; 2 Friene, E Una 18:05; 3 O'Brien, T Una 18:10; 4 McElwain, S Spudland Race 18:39; 5 White, T Una 18:49; 6 Freme, A Spudland Race 18:54; 7 Ciszewski, S Spudland Race 19:10; 8 Waltz, B Spudland Race 20:27; 9 Almy, I Una 21:40.

Results of Maine Runners in Region 1 XC - Queensbury, New York

Bantam Girls: 45. Adriana White- Lewiston Rec. – 14:10; 72. Siana Emery – UNA ME – 17:40.

Bantam Boys: 65. Nicholas Dumas- Augusta Rec- 14:37.

Midget Girls: 1. Abbey Leonardi-Lakers TC- 10:42; 2 Abby Mace- Lakers TC- 10:48; 4 Jacqueline Mahoney- Lakers TC- 11:04; 23 Alex Leonardi- Lakers TC- 11:37; 39 Erin Bolduc- Lakers S TC-12:08. **Lakers TC – 1st place.**

Midget Boys: Isaak Emery- UNA ME- 11:24.

Youth Girls: 18 Taylor Burr- Lakers TC- 15:42 ; 29 Gloria Mahoney- Lakers TC-16:12; 50 Leah Malitsky- Lakers TC- 16:54; 56 Chelsea Cushing- Lakers TC- 17:34; 58 Morgan Cushing- Lakers TC-17:50; 60 Mary-Margaret Green- Lakers S TC-18:01. **Lakers TC 6th place.**

Youth Boys: 5 Luke Fontaine- Lakers TC- 13:29; 9 Nate Hathaway- Lakers TC-13:29; 10 Charlie Jones- Lakers TC- 13:44; 26 Jaron Jones- Lakers TC-14:24; 33 Jason Burns- Lakers TC-14:31; 44 Benjamin Nickerson- Lakers TC- 14:52;

54 Kevin Desmond- Lakers TC- 15:10; 71 Will Lundquist – Lakers B TC- 15:59; 79 Colby Cain-UNA ME-16:26; 82 Guy Bonlay –UNA ME- 16:40. **Lakers TC – 3rd place.**

Intermediate Girls: 6 Hannah Wiley- Lakers TC-20:16; 10 Jen Monsulick- Lakers TC-20:45; 20 Kaitlin Clifford- Lakers TC-21:51.

Intermediate Boys: 9 Danny Solton- Lakers TC-17:21; 21 Jacob Knox- Lakers TC-17:58; 29 Joshua Lawson Mahoney - Lakers TC-18:40; 35 Alexander Cottrell – Lakers TC-18:48; 43 Ned Burnett- Lakers TC- 19:41. **Lakers TC – 4th place.**

Young Women: 1 Anna Ackerman – Lakers TC- 20:39; 5 Rebecca Irwin- Lakers TC- 21:48; 7 Melanie McInnis – Lakers TC-22:21

Results of Maine Runners at the National XC Championships - Spokane Washington

(Runners earning All-American status are indicated with an *)

Midjet Girls: 10 Abbey Leonard*- Lakers TC- 13:43; 12 Abby Mace* - Lakers TC- 11:13; 33 Emily Durgen – Lakers TC- 11:33; 54 Jacqueline Mahoney - Lakers TC-11:50; 92 Alex Leonardi – Lakers TC-12:13. **Lakers TC – 4th place**

Youth Boys: 11 Luke Fontaine*- Lakers TC- 13:43; 23 Nate Hathaway*- Lakers TC-13:51; 44 Charlie Jones- Lakers TC- 14:06

Intermediate Girls: 77 Jen Monsulick- Lakers TC- 20:44; 99 Hannah Wiley- Lakers TC-21:16

Young Women: 25 Anna Ackerman* - Lakers TC-20:49, 48 Rebecca Irwin - Lakers TC-22:45

Officials Chair Report

The major release of information during convention was the new USATF emblem. If you have visited the websites you have seen the new symbol. The triangle is gone! I would like to point out to you that without your officiating efforts in supporting the MEUSATF meets; we would have been hard pressed to repeat again as a Gold Award recipient. Thank you for your help during these meets.

The new certification process is now in place after a year of refinements. A new official will have access to the top portion of the database form. Once completed it will be filed and will be accessed by me for completion and forwarding to the National Certification Chair. For renewing and upgrading officials, I will be able to have access to the database and will be able to instantly re-certify or upgrade the official without all the mailing that now has to take place

The Association level exam has undergone a complete revision and now contains only 50 questions. The new testing program is also now in place for USATF. The National and Master level officials will not be faced with taking a “book” of tests as some of us did in the past. They will be taking an exam for the level they are at. The new exams are available on the following websites - <http://www.usatfofficials.com> and <http://www.meusatf.org/officials/officials.htm>

One of the areas of concern at the National convention was still in the area of liability insurance. The national officials executive committee is in the process of determining a very reasonable insurance coverage. Also at the convention, the new shirt design was discussed at length and the problems that have occurred obtaining and manufacturing the shirt.

The National Master’s Meet will be at the University on August 2-5 this summer. The call for officials for this meet has
Blistered Foot – Winter 2007

been posted and is available from me or on the above website. The interest in coming to Maine among the officials is high and I have already received over one hundred applications. This is a great opportunity to work with some of the top officials in the country. You may not be selected to work on the major officials’ crew, but if you apply I will attempt to find you a useful position.

Last year after I worked one of the National meets, a comment was made to me that the association in that area would hope that they would reach the status of the Maine Association with respect to our versatility. I would like to see us reach the 100 certified officials level, which would give us one more vote at the National level. If each of us recruited a new official we could easily obtain this goal.

In closing, I have been honored to serve the National officials committee as its parliamentarian, its representative on the USATF Budget committee, and as a member of the officials Rules & Legislation committee.

Don Berry
Certification chair

Race Walking

The year 2006 was yet another banner year for youth, open, and Master’s level race walking in Maine. As usual the year started off with the Dartmouth Relays in Hanover, NH where twelve Maine walkers walked away with it all.

On Jan 15th in Chula Vista, CA Maine’s Kevin Eastler won the first of his three National Championships in 2006, while smashing the American Record. He was named USATF athlete of the week, and became the first American ever to be named the IAAF race walk athlete of the Month.

Shortly thereafter nine Maine race walkers headed south to the Boston area where they competed in the Greater Boston Invitational.

On Sunday 19 February five Maine walkers ventured back to Boston for the NEUSATF Championships.

Maine brought home four High School All-American Track and Field awards from the National HS Championships.

Maine athletes also competed in the Penn Relays, World Cup Trials, Nike Outdoor Championships, USA TF Outdoor Championships, JO Nationals, and in Canada the US Junior team walked away with first place, and also in the One Hour Championships.

Some of the outstanding performances were by: Lauren Forgues, Kate Dickinson, Adam Staier, Matthew Forgues, Jeff Sprague, Christie Bernier, Ben Shorey, Taylor Burns, Aaron Carroll, Tyler Campbell, Michael Boucher, Allen Cox, Lyvia Gaewsky, and our Olympian Kevin Eastler.

Overall, it has been an excellent year. Maine kids earned 11 all-American awards to bring our total since 1993 to 126 all-American awards won by 40 athletes representing 23 different high schools from all over the state.

Tom Eastler, Race Walking Chairman

Grand Prix Results

Men's Results

Open: 39 and Under

	<u>Points</u>
Ethan Hemphill	49
T.J. Hesler	31
Josh Zolla	25
Chris Gatchell	23

Masters: 40-49

Pete Bottomley	36
Tom Hathaway	35
Carl Moulton	28
Floyd Lavery	26

Grand Masters: 50-59

Peter Rearick	40
David Colby Young	31
Tom Ryan	20

Veterans: 60-69

Bob Payne	33
Michael Beaudoin	30
Jerry LeVasseur	26

Seniors: 70+

Carlton Mendell	26
-----------------	----

Team Results

Open: 39 and Under

Dirigo R.C.	25
PR Moose Milers Racing	20

Masters: 40-49

PR Moose Milers Racing	23
Dirigo R.C.	10

Grand Masters: 50-59

PR Moose Milers Racing	19
------------------------	----

Veterans: 60-69

PR Moose Milers Racing	20
------------------------	----

Age Graded

Carol Fanning	55
Michael Payson	42

Women's Results

Open: 39 and Under

	<u>Points</u>
Stephanie Atkinson	42
Kristin Barry	30
Sheri Piers	28

Masters: 40-49

Susan Wiemer	36
Christine Snow-Reaser	20
Kelly Brown	19

Grand Masters: 50-59

Carol Fanning	30
Peg Rearick	18

Veterans: 60-69

Judith Hardenbrook	10
--------------------	----

Open: 39 and Under

PR Moose Milers Racing	12
Dirigo R.C.	10

Masters: 40-49

PR Moose Milers Racing	13
------------------------	----

The Blistered Foot

Maine USATF

PO Box 214

Canaan, Maine 04924-0214

www.meusatf.org

Inside:

President's Letter

Committee Reports

Cross-Country Results

Grand Prix Results

Entry Form-Indoor Championships