

# USATF-Maine 2018 Cross Country Schedule

## Developmental Meets

- Sunday, Oct. 14      Smiling Hill Farm, County Rd, Westbrook-2pm  
Ron Kelly-745-4781
- Old Town High School, Old Town-2pm  
Rod White-951-0864
- Sunday, Oct 21      Smiling Hill Farm, County Rd, Westbrook-2pm  
Ron Kelly – 745-4781
- Old Town High School, Old Town-2pm  
Rod White-951-0864
- Sunday, Oct 28      Cony High School, Augusta, Me-2pm  
Ron Kelly-745-4781

Entry fee for developmental meets is \$4.00. USATF registration is required and is available at all the meets (Adults - \$30.00 Youth - \$15.00 ). Registration begins at 12:30pm. Course walks begin at 1:00pm. Ribbons will be awarded to the top six in each age group. Participant ribbons to all others. It is not necessary to run in any of the developmental meets to compete in the State Championship.

## State Championship

Saturday, Nov. 3 USATF Maine State Cross Country Championship and Region 1 Junior Olympic Qualifying Meet – 10:30am. Races may be combined by age groups  
Entry fee-\$10-18 and under must register with [www.athletic.net](http://www.athletic.net) for this meet- you can register at the site the day of the meet if you must. Waivers can be given to high school athletes competing in the New England meet.

Age Groups: (8 & un)(9-10)(11-12)(13-14)(15-18)

**Open Championship Race** for 19-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 & over-Men and Women

**Cony High School, Augusta,** Ron Kelly – 745-4781

ENTRY FEE-\$10 MAINE USATF YOUTH MEMBERSHIP-\$15

ADULT-\$30

**All teams in each age group must be declared before race time.**

## Region 1 Junior Olympic Cross Country Championship

Sunday, Nov. 18-Bowdoin Park, Wappinger Falls, New York

## National Junior Olympic Cross Country Championship –

Saturday, Dec.8-Reno, Nevada

### Age Groups

8 & un	Born 2010 & after	2K	<b>Only 7-8 year olds advance to Nationals</b>
9 – 10	2008– 2009	3K	
11 – 12	2006 – 2007	3K	
13 – 14	2004 2005	4K	
15 – 18	2000 – 2003	5K	

Open                      19 – 29-5K

Masters                      30 and up at 5 year intervals

**Any questions: call Ron Kelly-745-4781 eve. Or e-mail:USATF-Maine web site: [maine.usatf.org](http://maine.usatf.org)**