



# USATF-Maine 2018 Cross Country Schedule

## Developmental Meets

- Sunday, Oct. 14 Smiling Hill Farm, County Rd, Westbrook-2pm  
Ron Kelly-745-4781  
Old Town High School, Old Town-2pm  
Rod White-951-0864
- Sunday, Oct 21 Smiling Hill Farm, County Rd, Westbrook-2pm  
Ron Kelly – 745-4781  
Old Town High School, Old Town-2pm  
Rod White-951-0864
- Sunday, Oct 28 Cony High School, Augusta, Me-2pm  
Ron Kelly-745-4781

Entry fee for preliminary meets is \$4.00. USATF registration is required and is available at all the meets (Adults - \$30.00 Youth - \$15.00). Registration begins at 12:30pm. Course walks begin at 1:00pm. Ribbons will be awarded to the top six in each age group. Participant ribbons to all others. It is not necessary to run in any of the developmental meets to compete in the State Championship.

### State Championship

Saturday, Nov. 3, 2018 USATF Maine State Cross Country Championship and Region 1 Junior Olympic Qualifying Meet – 10:30am. Races may be combined by age groups. Entry fee-\$10-18 and under must register with [www.athletic.net](http://www.athletic.net) for this meet-you can register at the site the day of the meet if you must. Waivers can be given to high school athletes competing in the New England meet.

**LOCATION:** Cony High School, Augusta, Meet Director: Ron Kelly – 745-4781

**ENTRY FEE:** - \$10 MAINE – must register with [www.athletic.net](http://www.athletic.net)

**USATF Memberships Required:** Youth Membership - \$15      Adult Membership - \$30

**All teams in each age group must be declared before race time.**

### Region 1 Junior Olympic Cross Country Championship

Sunday, Nov. 18-Van Cortland Park, New York

### National Junior Olympic Cross Country Championship

Saturday, Dec.8-Reno, Nevada

Age Groups			
Age Group	Birth Year	Distance	Comments
8 & Under	Born 2010 & After	2K	Only 7-8 year olds advance to Nationals
9-10	2008 – 2009	3K	
11-12	2006 – 2007	3K	
13-14	2004 – 2005	4K	
15-18	2000 – 2003	5K	
Open	Ages 19-29	5K	
Masters	Ages 30 and Up		30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80 & over

**Any questions: call Ron Kelly-745-4781 eve. Or e-mail: [rkelly01@maine.rr.com](mailto:rkelly01@maine.rr.com)**  
**USATF-Maine web site: [maine.usatf.org](http://maine.usatf.org)**